

Curriculum Vitae

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Name : **Dr. Anil Singhal**
Father's Name : Late Sh. GL Singhal
Date of Birth : 5th Sept. 1964

Present Address : 157, Sector 10-A,
Gurgaon-122001
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Qualifications : **M.D. (Homeo)**
(Doctor of Medicine in Homoeopathy)
B.H.M.S.
(Bachelor of Homoeopathic Medicine & Surgery)

Professional Experience : 21 Years (1989-2010)
Registration No. : BHSD-2022



Education:

1. Dr. MPK Homoeopathic Medical College, Hospital & Research Centre (University of Rajasthan), Jaipur.
2. Nehru Homoeopathic Medical College & Hospital (University of Delhi), New Delhi.
3. Ramjas Sr. Sec. School No.4, New Delhi.

Professional Qualifications:

| Exam. Passed | College | Year | % of Marks | Subjects |
|--|--|------|------------|---|
| Doctor of Medicine M.D. (Hom.) | Dr. MPK Homoeopathic Medical College, Hospital | 2005 | 68.0% | Repertory, Practice of Medicine, Materia Medica, Organon of Medicine & Philosophy |
| Bachelor of Homoeopathic Medicine & Surgery (B.H.M.S.) | Nehru Homoeopathic Medical College & Hospital | 1989 | 60.3% | Anatomy, Physiology & Biochemistry, Pathology, Social & Preventive Medicine, Forensic Medicine, Obstetrics & Gynaecology, Surgery & ENT, Ophthalmology, Practice of Medicine & Paediatrics, Organon of Medicine & Philosophy, Materia Medica, Repertory |

Professional Experience (Teaching):

For the last many years, I am actively involved in teaching homeopathic subjects in various governmental, non-governmental organisations and institutes. Some of them are:

1. **Visiting Faculty** – Nehru Homoeopathic Medical College & Hospital, New Delhi., since 2008.
Repertory – 4th year
Materia Medica – 1st year, 2nd year, 3rd year, 4th year
Organon – 2nd year
PG – 1st year, 2nd year
2. **Visiting Faculty** – Dr. BR Sur Homoeopathic Medical College & Hospital, New Delhi, since 2006.
Repertory – 4th year
Materia Medica – 1st year, 2nd year, 3rd year, 4th year
3. **Visiting Faculty** – Bakson Homoeopathic Medical College & Hospital, G. Noida, since 2002.
Repertory – 4th year
Materia Medica and Hom. Therapeutics – 1st year, 2nd year, 3rd year
4. **PG Guide** - Hahnemann College of Homoeopathy, London (UK).
5. **Resource Person** – Seminar on Success Stories, CCRH, New Delhi, 2010.
6. **Honorary Faculty** – Re-Orientation Training Programmes (NHMC), New Delhi, 2008.
7. **Subject in charge in Repertory** – The Progressive Homoeopathic Society, New Delhi, 2000-2001.
8. **Honorary Faculty** – Re-Orientation Training Programmes (Govt. of Delhi), New Delhi, 1999-2000.

Papers presented:

1. **“Use of Homeopathic Repertories in Heart conditions”** in a CME for practitioners, on 28th May. 2010, organised by Heart Care Foundation & IIHP, in New Delhi.
2. **“Evidence-based Homeopathy – my views”** in a workshop organised by The Renewal, on 11th April 2010, in New Delhi.
3. **“Homeopathy treats a case of Angioma of Upper Lip”** in a Seminar on Success Stories, organised by RRI Guwahati & CCRH, from 5th – 6th Feb. 2010, in Guwahati.
4. **“Evaluating Obesity in Clinics”** in a CME for practitioners and students, on 2nd Jul. 2009, organised by Homeopathic Study Circle - Rohini, in New Delhi.
5. **“Use of Homeopathic Repertories in Heart conditions”** in a CME for practitioners, on 25th May. 2009, organised by Heart Care Foundation & IIHP, in New Delhi.
6. **“Understanding Obesity in Modern Times”** in a CME for practitioners and students, on 14th Dec. 2008, organised by South Delhi Homeopathic Medical Association, in New Delhi.
7. **“Role of Homeopathic Repertories in Paediatrics”** in a Clinical Meet, on 7th Dec. 2008, in Ludhiana.
8. **“Relationship between Homeopathic Philosophy and Repertory”** in the Re-Orientation Training Programme, on 3rd Nov. 2008, organised by Nehru Homoeopathic Medical College & Hospital, in New Delhi.
9. **“Role of Repertories in Gynaecology and Obstetrics”** in the Re-Orientation Training Programme, on 27th Sep. 2008, organised by Nehru Homoeopathic Medical College & Hospital, in New Delhi.
10. **“Spiders in Homeopathic Practice”** in a CME for practitioners and students, on 11th Nov. 2006, organised by South Delhi Homeopathic Medical Association, in New Delhi.
11. **“A tribute to Dr. Yudhvir Singh”** and **“Amazing Spiders in Homeopathy”** on the occasion of 109th Birthday Celebration of Dr. Yudhvir Singh, on 30th July 2006, organised by Delhi Homoeopathic Medical Association, in New Delhi.
12. **“Use of Information Technology in Homeopathic Practice”** in a CME on 2nd July 2006, organised by NHMC Alumni Association, in New Delhi.
13. **“Spider Group of Homeopathic Remedies”** in a workshop for PG students, on 17th June 2006, organised by Shri Guru Nanak Dev Homeopathic Medical College & Hospital, in Ludhiana.
14. **“Prescribing in Homeopathy”** in a training workshop for ISM & H practitioners, on 27th Nov. 2005, organised by SNS Foundation, in Gurgaon.
15. **“An Overview of Boger’s Synoptic Key”** in a workshop for PG students, on 19th Jun. 2005, organised by Dr. MPK Homoeopathic Medical College & Hospital, in Jaipur.

16. **“Understanding Repertory”** in Seminar on Materia Medica and Repertory, organised by Homoeopathic Education and Research Foundation, Gwalior, India, on 27th Feb. 2005, in Gwalior.
17. **“Most often used repertory – Boger’s Synoptic Key”** in XIV All India Homoeopathic Congress – 2004, organised by The Homoeopathic Medical Association of India, from 27th – 29th Dec. 2004, in Jaipur.
18. **“Overview on history of repertories”** in Workshop for Homoeopaths on Ideal Repertorisation & Prescription, organised by Boenninghausen Academy for Classical Homoeopathy, on 5th Sept. 2003, in Gurgaon.
19. **“Choosing a Computer System in Homoeopathic Practice”** and **“MacRepertory and ReferenceWorks”** in Re-Orientation Training Programmes, organised by Govt. of Delhi and Ministry of Health & Family Welfare, from Oct. 1999 – Jan. 2000, in New Delhi.

Awards & Scholarships:

1. **Appreciation Award** – by IIHP on 11th April 2010, New Delhi.
2. **Best Writer Award** – by Homeo Revival on 28th Feb. 2010, New Delhi.
3. **Dhanvantari Award** - by the All India Indian Medicine Graduates Association, Delhi, on 11th Oct. 2009.
4. **Lifetime Achievement Award 2007**, conferred by the Board of Homoeopathic System of Medicine Delhi on 29th April 2007.
5. Awarded as **Best Writer** (March 2003) for publishing an article “Rubric-Changeability” by Vital Informer, New Delhi.
6. Awarded as **Best Candidate** in Drug-Disease Competition held in 1989 in Nehru Hom. Medical College & Hospital, New Delhi.
7. Awarded with **R.K.M. Merit Scholarship** for securing 3rd Position in Class X in 1980, in Ramjas School, New Delhi.

Other Professional Skills Certifications:

- **Health & Hygiene Correspondence Course** conducted by Health Education Service, Pune, in 1996.
- **Brainbench Certifications** - Successfully completed following certifications through examinations in 2001-2002 administered by Brainbench (USA) – the world’s largest provider of high quality, structured, skills certification exams on the Internet (paid service).
 1. Anatomy & Physiology
 2. Cardiovascular Core Knowledge
 3. First Aid Core Knowledge
 4. Medical Terminology
 5. Nutritional Analysis

Quality Skills (ISO 9001:2000) Certifications:

| Year | Certification Name | Organizing Body |
|------|---|-------------------------------------|
| 2001 | Internal Quality Auditing Skills | Know-Why Engineers, New Delhi |
| 2009 | Certificate Course in Cyber Laws | The Indian Law Institute, New Delhi |

Academic Achievements:

1. Passed Class XII examination with 1st position in Ramjas Sr. Sec. School, securing PCB 78.33% marks and PCM 81.33% marks.
2. Passed Class X examination with 3rd position in Ramjas Sr. Sec. School, securing 72% marks.

Extra Curricular Activities:

1. NCC Cadet in School. Participated in Cultural Programmes in School and Colleges.
2. 2nd position in Chess Tournament of College (NHMC).

Professional Experience (all):

1. **Intern Physician** in Nehru Homoeopathic Medical College & Hospital, New Delhi, during 1989-90.
2. **Intern Physician** in Homoeopathic Dispensary of Directorate of Health Services, New Delhi, during 1990.
3. **Intern Physician** in regular Special OPD Clinic of Arthritis in Nehru Homoeopathic Medical College & Hospital, New Delhi, during 1989-90.
4. **Associate Doctor** with Dr. M. L. Agrawal in case taking and analysis of patients in his clinic from 1-3-1989 to 30-11-1993.
5. **Honorary Homoeopathic Physician** in Navjyoti Clinics of Delhi Police Foundation for Correction, De-addiction & Rehabilitation, New Delhi, during 1990-91.
6. **Homoeopathic Physician & Consultant** to Aggarwal Hospital, New Delhi, from Oct.1991 – Jul. 1993.
7. **Honorary Homoeopathic Consultant** to Delhi Foundation of Deaf Women, New Delhi, from Jan. 1993- Nov. 1994.
8. **Secretary (Education)**, Medical Education & Research Foundation - an NGO based in New Delhi.
9. **Editor (Manuscript)**, Asian Homoeopathic Times – a monthly Medical Newsletter published from New Delhi.
10. Appointed as **External Examiner** for II-BHMS Suppl. Oral/Practical Examination in 1994, in Dr. B. R. Sur Homoeopathic Medical College & Hospital, New Delhi.
11. **Health Advisor and Consultant** to Kaleidoscope – Centre for Monitoring Growth in Children, in New Delhi, from March 1995 – Dec. 1995.
12. Worked as **Homoeopathic Consultant**, and **Developer & Co-ordinator** with a team of doctors on ‘the Phoenix Repertory Project’ – to update and publish a most updated homoeopathic repertory, in New Delhi, from Feb. 1996 - May 2002.
13. **Honorary Faculty** – teaching the participants about Computer Repertories (specifically MacRepertory & ReferenceWorks programs of Kent Homeopathic Associates of USA) in the ‘Re-Orientation Training Programmes on Dermatology, Materia Medica and Organon of Medicine’, organised by Govt. of Delhi – Ministry of Health & Family Welfare, from Oct. 99 – Jan. 2000.
14. **Subject in charge in Repertory** – in The Progressive Homoeopathic Society, New Delhi – a study circle in homoeopathy having monthly meetings sharing experiences and knowledge.
15. Worked as **Homoeopathic Consultant** and **Management Representative** in Cosmic Healers Pvt. Ltd. – an ISO certified organisation running homoeopathic clinics (The Holistic) and homoeopathic pharmacies (Ki 2 Health), from 2001 - 2003.
16. **Honorary Faculty**, Boger-Boenninghausen Academy, Gurgaon.
17. **Visiting Faculty**, Bakson Homoeopathic Medical College & Hospital, Noida, since 2002.

18. **Examiner** – University of Rajasthan, Jaipur, since 2005.
19. **Examiner**, Rajasthan Ayurved University, Jodhpur, since 2006.
20. **Visiting Faculty**, Dr. BR Sur Homoeopathic Medical College & Hospital, New Delhi, since 2006.
21. **Visiting Faculty**, Nehru Homoeopathic Medical College & Hospital, New Delhi, since 2008.
22. **Resource Person**, Re-Orientation Training Programme – Gynaecology & Obstetrics, from 22nd Sep. – 27th Sep. 2008, organised by Nehru Homoeopathic Medical College & Hospital, New Delhi.
23. **Resource Person**, Re-Orientation Training Programme – Organon of Medicine, from 3rd Nov. – 8th Nov. 2008, organised by Nehru Homoeopathic Medical College & Hospital, New Delhi.
24. **Examiner** – Guru Gobind Singh Indraprastha University, Delhi, 2010.
25. **Examiner** – Panjab University, Chandigarh, 2010.

Articles & Assignments published:

1. Published an article “**The Need for Research in Homeopathy**” in The Homoeopathic Heritage, Jun. 2010, page no. 52.
2. Published an article “**Homeopathy treats the person**” in Homoeo Revival, Jun. 2010.
3. Published an article “**Defining Evidence Based Homeopathy - EBH**” in Vital Informer, April 2010.
4. Published an article “**Practicing Evidence Based Homeopathy**” online at AnilSinghal.com/blog in Feb. 2010.
5. Published an article “**Lilium tigrinum and Cardiac Neurosis**” in Homoeo Revival, Nov. 2009.
6. “**The specific preventive remedy or Genus Epidemicus**” published in The Homoeopathic Heritage, October 2009.
7. “**Homeopathic repertories and heart conditions**” published in the Souvenir released during Kent Memorial Lectures held in New Delhi in Sep. 2009.
8. Published an article “**Expert Systems in Homeopathic Softwares**” online at AnilSinghal.com/blog in Sep. 2009.
9. Published an article “**H1N1 Flu and Homeopathy – Analysis**” online at AnilSinghal.com/blog and also in Vital Informer, Sep. 2009.
10. Published an article “**Understanding Obesity in Modern Times**” in SDHA Chronicle, Jan-Feb. 2009.
11. Published an article “**Understanding Importance of Similar Rubrics in Repertories**” in Homoeo Revival, Oct. 2007.
12. Published an article “**Diabetes Mellitus – historical aspect**” in Vital Informer, Dec. 2004.
13. Worked on thesis entitled “**Suggestions for additions of remedies in Boger’s Synoptic Key from Boger’s Boenninghausen’s Characteristics and Repertory, and its importance in clinical practice**” for one year 2002-2003.
14. Published an article “**Hahnemann – Freemason**” in Vital Informer, vol. 11, no.4, Apr.2003.
15. Published an article “**Rubric – Changeability**” in Vital Informer, vol. 11, no.3, Mar.2003.
16. Published an article “**Choosing a Computer System**” in Vital Informer, vol. 11, no.2, Feb. 2003.
17. Published an article “**AIDS – a curse**” in Vital Informer, vol. 11, no.1, Jan. 2003.
18. Reprinted “**Menopause Mood**” in Vital Informer, vol. 10, no.9, Sept. 2002.
19. Published an article “**Useful Leeches**” in Vital Informer, vol. 10, no.7, Jul. 2002.

20. Revised & Published an article "**If Hahnemann were alive today!**", in Vital Informer, vol. 10, no. 4, Apr. 2002.
21. Co-author "**Hahnemann's Provings**" in The American Homeopath, US (The Journal of the North American Society of Homeopaths), Volume 6 – 2000.
22. Published an article "**How to Report Symptoms**", in Homoeopathic Awareness, vol. 1, no. 1, Jan-Mar. 1999.
23. Published an article in Hindi "**Muhanso Se Kaise Bache**" in a local newsletter – HTM Open Eyes, May 1996.
24. Co-author "**AIDS – let's fight back !!**" in The Homoeopathic Heritage, Jan. 1996, page no. 43-44.
25. Co-author "**Premenstrual Syndrome**" in The Homoeopathic Heritage, Jan. 1996, page no. 21-23.
26. Published an article in Hindi "**Vyayam Kamar Dard Ke**" in a local newsletter – HTM Open Eyes, Oct. 1995.
27. "**Can We Think More ...**" – a tribute to Dr. Samuel Hahnemann on his 239th Birth Anniversary published in Souvenir released on the occasion of Birth Anniversary Celebration in New Delhi.
28. Published an article "**AIDS and workplace**" in Vital Informer, vol. 2, no. 11, Dec. 1994, page no. 5.
29. Reprinted "**If Hahnemann were alive today!**" in Asian Homoeopathic Times, vol. 2, no. 7-12, Jul-Dec. 1994, page no. 17.
30. Published an article "**Ill-effects of Fruits and Fruit Juice**" in Asian Homoeopathic Times, vol. 2, no. 5, May 1994, page no. 7.
31. "**Rubrics on Infants – at a glance**" reprinted in Advent of Homoeopathy, vol. 11, no. 1, Jan-March, 1994, page no. 31-39.
32. Published an article "**Menopause Mood**" in Asian Homoeopathic Times, vol. 1, no. 9, Oct. 1993, page no. 15.
33. Published an article "**Hay Fever**" in Asian Homoeopathic Times, vol. 1, no. 8, Sept. 1993, page no. 5-6.
34. Published an article "**Rubrics on Infants – at a glance**" in Asian Homoeopathic Times, vol. 1, no. 6, July 1993, page no. 5-7.
35. Co-author of a report "**Effects of Potentised Heroine on Drug Addicts in reducing craving for Heroine**", published in the Souvenir, released during 'International Homoeopathic Congress' held in New Delhi in 1993.
36. Worked with a team of doctors in Delhi Police Foundation for C.D.R., in a clinical trial of "**Effects of Potentised Heroine on Drug Addicts in reducing craving for Heroine**".
37. Published an article "**If Hahnemann were alive today!**" in Advent of Homoeopathy, vol. 7, no. 1, Jan-March, 1990, page no. 40-42.

38. Worked on an assignment entitled “**A Synopsis on Arthritis and its Management**” for one year, in regular Special OPD in Nehru Homoeopathic Medical Hospital, New Delhi in 1989-90.

Conferences & Workshops attended:

1. “**National Congress on Homoeopathy & Drug Abuse and Current Medical Update**”, from 16th-18th Mar. 1990, organized by the Indian Foundation for Medical Research & Education and Delhi Police Foundation for CDR, in New Delhi.
2. “**VII All India Homoeopathic Congress, Delhi – 1990**”, from 28th-30th Dec. 1990, organized by the Homoeopathic Medical Association of India, in New Delhi.
3. “**International Symposium on Preventive Cardiology & Cardiovascular Epidemiology**” from 10th-14th Jan. 1991, in New Delhi.
4. Workshop on “**Basic Course on Drugs & HIV**”, from 17th-19th Feb. 1992, organized by Delhi Police Foundation for CDR and British Council, in New Delhi.
5. A talk on “**AIDS in India & Global Perspective on Drug Abuse**” on 24th Mar. 1992, organized by Medical Education & Research Foundation, in New Delhi.
6. A talk on “**Global Perspective on AIDS & Drug Abuse**” on 6th Nov. 1992, organized by Medical Education & Research Foundation, in New Delhi.
7. Continuing Medical Education Programme on “**Management of HIV infection with available resources**” from 7th-8th Nov. 1992, organized by the AIDS Society of Asia and the Pacific, in New Delhi.
8. “**The 2nd International Congress on AIDS in Asia and the Pacific**” from 8th-12th Nov. 1992, organized by the AIDS Society of Asia and the Pacific, in New Delhi.
9. “**International Homoeopathic Congress**”, from 14th-18th Feb. 1993, organized by International Homoeopathic Medical Organisation and the Asian Homoeopathic Medical League, in New Delhi.
10. “**Course & Workshop in ECG**” from 25th-27th Jun. 1993, organised by Homoeopathic Academy and Research Institute, in New Delhi.
11. “**Course on General radiology with Introduction to Ultrasound, CT-Scan, MRI & Echo-cardiography**”, from 25th-27th Dec. 1993, organised by Homoeopathic Academy and Research Institute, in New Delhi.
12. Continuing Medical Education Programme on “**Allergic Skin Diseases Update and Homoeopathic Management**”, on 28th Dec. 1993, organised by Homoeopathic Academy and Research Institute, in New Delhi.
13. Participated in a charity of “**Medical Camp**”, at Bawa Masonic Polyclinic, Rajouri Garden, New Delhi, on 24th Apr. 1994, organised by Lodge Dhanwantri in collaboration with General William Masonic Polyclinic, Janpath, New Delhi.
14. “**Cardio-vascular problems & their homoeopathic treatment**”, on 25th Sept. 1994, organised by The Homoeopathic Medical Association of India, in New Delhi.
15. “**2 Days Homoeopathic Scientific Seminar with Dr. Rajan Sankaran**”, from 4th-5th Feb. 1995, organised by IIHP, in Ludhiana, Punjab.

16. “**7th National Homoeopathic Conference 97**” on 11th & 12th Jan. 1997, organised by Research Society of Homoeopathy, in New Delhi.
17. “**National Homoeopathic Conference – Kent Memorial Lectures – 97**” from 6th – 7th Sept. 1997, organised by South Delhi Homoeopathic Association, in New Delhi.
18. “**National Homoeopathic Conference – Kent Memorial Lectures – 99**” from 17th – 19th Sept. 1999, organised by South Delhi Homoeopathic Association, in New Delhi.
19. “**2nd Dr. M. L. Agrawal Memorial Lecture**” on 6th Oct. 2002, organised by The Progressive Homoeopathic Society, in New Delhi.
20. “**Workshop for Homeopaths on Ideal Repertorization & Prescription**” from 25th – 27th Oct. 2002, organised by Boenninghausen Academy for Classical Homeopathy, in Gurgaon.
21. “**Workshop for Homeopaths on Ideal Repertorization & Prescription**” from 27th – 29th Dec. 2002, organised by Boenninghausen Academy for Classical Homeopathy, in Gurgaon.
22. “**3rd Dr. M. L. Agrawal Memorial Lecture**” on 12th Oct. 2003, organised by The Progressive Homoeopathic Society, in New Delhi.
23. “**Homoeopathy in Cardiology**”, on 26th Dec. 2004, organized by Dr. Madan Pratap Khunteta Homoeopathic Medical College, Hospital and Research Center, Jaipur in collaboration with the Homoeopathic Medical Association of India, in Jaipur.
24. “**XIV All India Homoeopathic Congress – 2004**”, from 27th-29th Dec. 2004, organised by the Homoeopathic Medical Association of India, in Jaipur.
25. “**Seminar on Materia Medica and Repertory**”, on 27th Feb. 2005, organised by Homoeopathic Education and Research Foundation, Gwalior, India, in Gwalior.
26. “**IEC Scheme of AYUSH – Two Days Training Workshop for ISM & H Practitioners**”, from 26th – 27th Nov. 2005, organised by SNS Foundation, in Gurgaon.
27. “**Train the Trainer – HIV Prevention and Health Promotion – CCRH-UCLA Collaborative Study**”, from 13th – 15th July 2006, organised by Central Council of Research in Homeopathy, in New Delhi.
28. “**Seminar on Success Stories in Homoeopathic Practice**” from 5th – 6th Feb. 2010, organised by Regional Research Institute, Guwahati & Central Council of Research in Homeopathy, in Guwahati.

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